

**Small Group Notes**  
**The Soul Needs... Hope (and Adventure)**  
**Hebrews 6:13-20a**  
Sunday 7 July 2019

1. Have you ever been let down by someone who has made a promise but not delivered on it? Does this affect your ability to trust God's promises to you?
2. Is there anything God cannot do?
3. God makes a promise to Abraham in Genesis 12 and then repeats it in Genesis 22...this time swearing an oath. Why did He do this?
4. How does the story of Abraham, used by the writer of Hebrews, encourage us to have Hope?
5. What is the difference between Optimism and Hope? Can a follower of Jesus have both?
6. Our society is 'out of order', drifting from God and becoming more hope-less. Matt read out a list, some courtesy of Rick Warren, of examples of where society is drifting. Do you agree with these and can you think of some other examples?
7. "Hope is the anchor for our souls" – try to explain what this means to you to a person who does not yet follow Jesus
8. What do the lyrics from the song Cornerstone "my anchor holds within the veil" mean?
9. How does having a Hope that is firm and secure enable us to live life fully whatever the circumstances?

Matt