



HTCD

Sermon Series: 21<sup>st</sup> Century Discipleship  
Contentment in a Comparative World 1 Tim 6:6-19  
Sunday 12 February 2023

1. What are some of the things that might contribute to discontentment in your life?
2. In your experience, does technology, which enables you to look way beyond your neighbours' garden, negatively impact levels of contentment?  
*Sorry, the second question doesn't make sense unless you were there. I'm referring to the saying 'the grass always seems greener on the other side of the fence'*
3. If you have young people in your household, do you discuss the impact social media has/might have on their mental health? Share ideas of approaches/conversations you have had which might benefit others.
4. In Phil 4:11-12, Paul says he has learned the secret of being content in all circumstances. Discuss what the secret is!
5. Matt shared 4 principles/exhortations for contentment in an age of comparison:
  - a) Appreciate and enjoy what you already have.
  - b) Remember, life is not about things
  - c) Stop comparing yourself with others
  - d) Invest in what will last forever.

Discuss practical ways you can implement these in a greater way in the next week/year etc....

Matt Wheeldon