



Holy Trinity
Combe Down



St Andrew's
Community Church

Sermon Series: Joy in Jesus
Small Group Notes from Sunday Jan 21, 2024
Following the Humility of Jesus
Philippians 2:11

How would you define pride or humility? What misunderstandings are out there about humility? Can you be humble but be competitive? Can you take pride in things you do without having an issue with pride? Can you be proud of being humble?

Advertising is often directed toward our pride, or even toward encouraging pride. What examples can you think of this?

There is a battle between pride and humility in the heart of each person. How do we win this battle?

Charles Spurgeon once preached on the foolishness of pride, calling it “a groundless thing” and “a brainless thing” as well as “the maddest thing that can exist.” Can you think of any examples that illustrate what he has said?

Why does pride affect a person’s judgment? How can we counteract this?

Often, we think of humility as an optional virtue. How is it more foundational and significant than this?

Three ways that humility is critical: for our self-understanding, our relationships with others, and our relationship with God.

First, humility is key for healthy self-understanding.

What missteps can you see around humility or pride from various cultures?

How do the topics of pride and humility get to our self-understanding? Can a person be confident and humble?

A weak foundation for self-understanding is easily taken away. Can you think of any examples of this? What is the better grounding for self-understanding that we should seek?

Read Philippians 2:5-8

What was Jesus’ understanding of himself? What can you see about his mindset or attitude from these verses?

Second, humility is key in how we relate to others

Read Philippians 2:3-5

What stands out to you from this verse? How can we live this out?

Thinking about Jesus' life. How did he live this out?

Jesus often taught about 'true greatness'. What examples can you think of this? What does this look like?

Finally, humility is key to honouring God

Read Philippians 2:9-11

How do these verses show that God is pleased with Jesus' example?

Let's get practical.

What types of prayer develop a heart of humility?

How might we use reflection and repentance to grow in this area?

In renewing our minds what can we study, in the bible, to help us develop a humble heart, or by definition, to have a proper understanding of ourselves, God, and our place in the world?

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